



End of project impact report

Organisation Details

KINGS CHURCH OUTREACH
Name: PARISH NURSING
Address: KINGS CHURCH
NEILD LADE
SELBY
Postcode: YO8 4QB

Project Details

Description: Providing free health checks and health
education. Providing pastoral care, listening
and supporting to improve well-being.
Signposting and referring to other agencies
Contact Name: Anne Gill Tel: _____

IMPACT REPORT FOR PERIOD DECEMBER 2016 TO NOVEMBER 2017



Q1 In no more than 500 words please outline the key outcomes of your project.

The Parish Nursing walk-in clinic has been used over 25 times within the report period. Within this period we have provided health checks and health education for 43 people at the Selby Fun Day and 87 people at the Farmers Market. We have provided decision making support when visiting one person in their own home and been a listening ear for an elderly person in their home. On a monthly basis we have attended Pymble - an independent living accommodation, providing health checks and support by listening to 6 people on a regular basis.

Q2 In no more than 500 words please demonstrate how the project has met the Community Development Plan objectives that were identified in the original application for funding.

We have provided health checks and education at our walk-in clinic on a weekly basis, as well as people's homes and the Selby Fun Day. We have advised 2 people with high blood pressure and 2 people with high cholesterol to see their GP for which treatment was subsequently prescribed. This will help to reduce their risk of heart disease and strokes. We have been a listening ear for people with mental health problems, and provided support for people with regards to boundary setting, coping skills and decision making. We have also been able to support a person with physical disabilities. We have also seen people lose weight having had their BMI checked and being provided with dietary and exercise advice. We are part of Selby Advice Network, AHS and the Equality Network. We have attended a volunteers service at Hemingbrough Church. We have also linked with Selby District Council, the fire + police services and other 3rd sector agencies.



Q3 In no more than 250 words please give details of any additional benefits or objectives that the project has met that were not anticipated/ outlined in the original application for funding.

We have been able to provide a trained volunteer to be present when a person with epilepsy does a 'bulk' cook. As his carers have been reduced he has been unable to do any cooking not using a microwave for some time.

We have been successful in being provided with a Call-Push-Rescue kit from the British Heart Foundation, allowing us to provide CPR training for groups of up to 10 people.

We were able to be present at the Selby Fun Day providing free health checks and advice.

We have been very successful attending the Farmers Market providing free health checks and advice for many people who report not having time to attend their GP, or feeling they have no need/reason to see them.



Any other comments on the project and its success:

Having contacted the Democratic Services 15/11/17 I was asked to add to this form the fact that unfortunately all our receipts for expenditures are currently with the Kings Church accountant and will not be returned until 15/12/17, therefore they are not enclosed with this form.